

Ten steps to create 'blue health' scenarios

Writing a narrative about the future of 'blue health' in your city

This guide provides ten steps to create your own 'blue health' scenarios report and supporting stakeholder workshop.

Your report can be used to inform local stakeholders, policy makers and planners.



Ten steps to deliver your 'blue health' workshop and report:

1. Visit the [BlueHealth website](https://www.bluehealth.eu) to read about future scenarios in practice, access illustrations and for the list of researchers from the [National Institute for Public Health and the Environment \(RIVM\)](https://www.rivm.nl) who you can contact with questions.
2. **Collect information** about the current demographic, economic, socio-cultural, technological, ecological and political (DESTEP) situation in your city and region. Use this in your workshop and as supporting evidence in your report.
3. **Create your workshop agenda (see page 2)** including three activities to:
 - 1) Identify local ambitions and values that influence the direction of policy making
 - 2) Identify relevant trends for the local situation and their impacts for the future
 - 3) Identify possible interventions for policy action in your city



4. **Prepare materials** for your workshop. [Download the folder of illustrations](#) to spark discussions and debates, including the image above which highlights the different factors that could impact urban water and health.
5. **Team up** with a local institution or organisation that has existing knowledge and connections in your city. Collaborate to prepare and organise the workshop, including choosing the time, day, location and hosting on the day.
6. **Invite local experts** that represent health and water across different sectors for example: urban planning; water management; economics; technology; tourism; local public health and the environment.
7. **Host your workshop** and allocate someone to take photos and notes about each of the activities, including listing memorable quotes and feedback from participants. Don't forget pens, markers, post-its and paper.
8. **Write your report** using workshop insights and any supporting local policy plans documents from step 2. As a guide your report could cover:
 - a. The overarching values you identified for your city and how these translate into local ambitions.
 - b. The most relevant national and international trends that could impact your city and how they are connected to local ambitions.
 - c. The challenges and opportunities you have identified linked to the ambitions and trends. These should be supplemented with information from policy documents and, if available, projection data. Use existing data, maps and policy examples to illustrate and enrich the report.
 - d. A step by step process of how to achieve the stated ambitions and act upon the relevant trends that could shape the 'blue health' in the future. Relating this to any current or planned 'blue health' interventions.
9. **Ask for feedback** from your workshop attendees about your draft report. Incorporate feedback and recommendations into a final version which they should approve before you publish publicly.
10. **Circulate the final report** with your stakeholders and share with local networks. Don't forget to thank everyone involved and make the report available online.

Contact [Susanne Wuijts](#) or [Liesbet Dirven-van Breeman](#) for these resources:

- Agenda template and attendance sheet
- Presentation template to introduce 'blue health'
- Posters (including city profile, trends prioritization and template to scale global trend down to the local level)

